

Cross-Cultural Mission Training



Stage 4: **Thrive**

by Miles Jarvis and Karen Todd

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Excerpts from “Cross-Cultural Mission Training - Stages 1-5:
Explore | Prepare | Go | Thrive | Return” by Miles Jarvis and Karen Todd

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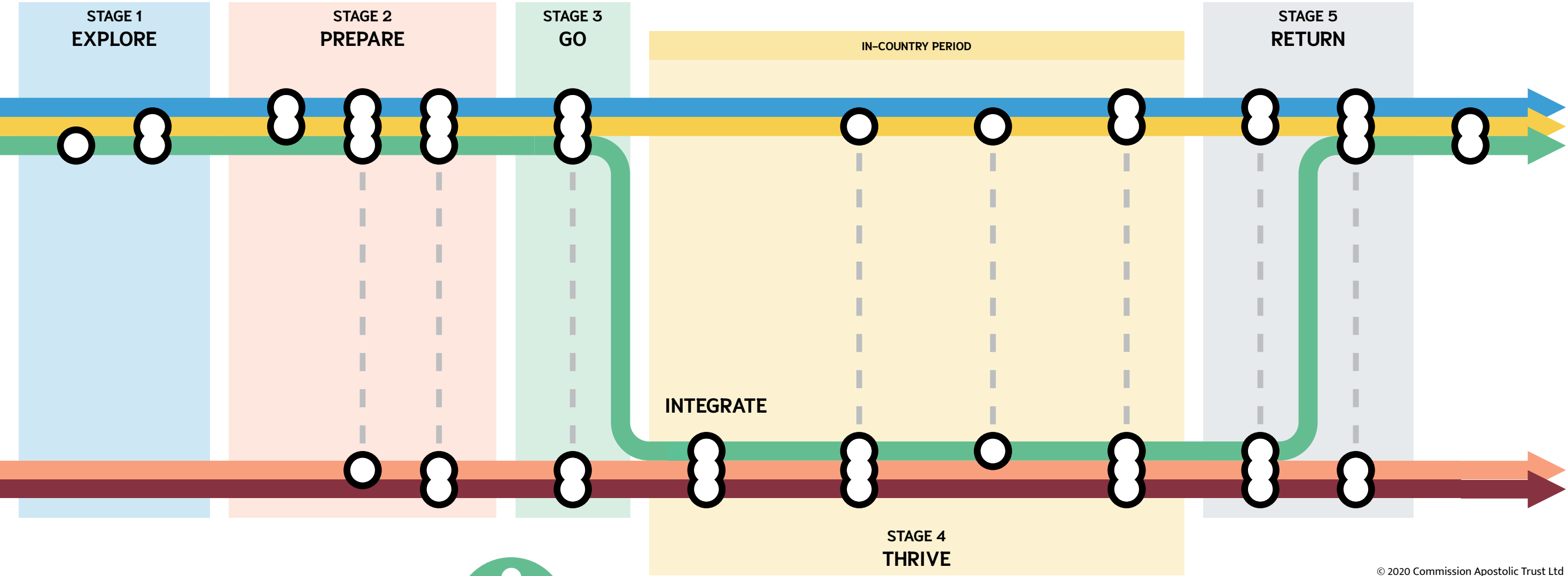
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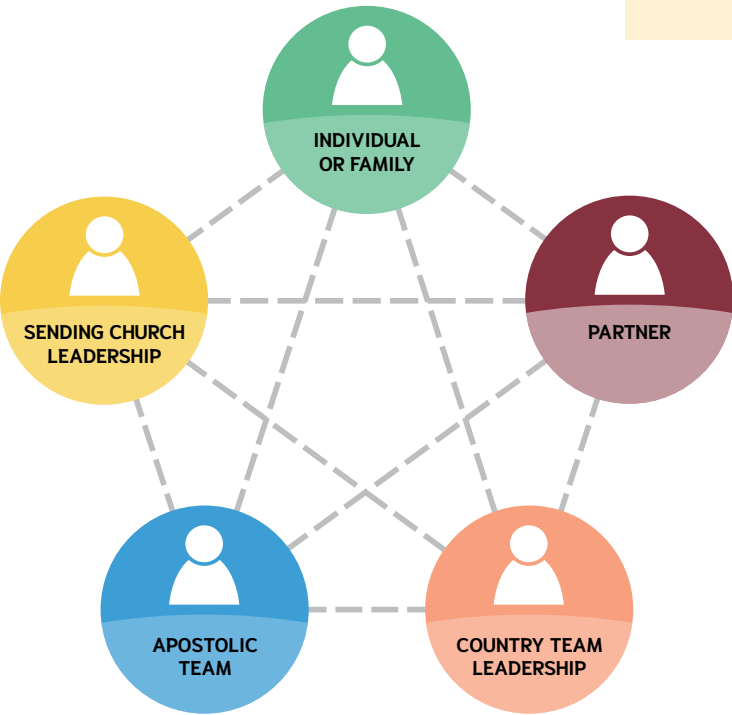
Your Journey



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Interaction
e.g. Visit, Meeting, Skype, Email, etc.

Points of Contact



Based on a City Transit Map design, this diagram illustrates the stages of the journey in sending and supporting overseas workers, from the perspective of all key groups of people involved.

Significant points of contact are shown to ensure clear communication and clarify expectations. It is not representative of the frequency of points of contact or the duration of each stage, as this will vary for each situation.



Stage 4: THRIVE



Stage 4 Contents

Stay healthy!4-5

Annual review4-6

 Looking back 4-6

 Looking forward..... 4-11

Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me.

Matthew 16: 24 (NIV)

Stay healthy!

This stage is designed to be used at least every year to give you an opportunity to reflect on how things are going. This can include events, relationships and progress in your life and the mission to which God has called you.

Take some time to work through this booklet and then discuss your answers with your country team leader.



Annual review

Looking back

1. In what ways has your past year been...

... good?

... bad?

2. What do you consider to be your most important achievements of the past year?

3. How are you progressing with your original aims?

For example, in language, mission, finance.

4. How are you adapting to the new culture?

What do you enjoy about the local culture? What cultural aspects are you finding most challenging?

5. What would you like to have achieved over the last twelve months but have been unable to do so?

What prevented you from doing so?

6. What are you finding most difficult in your role as a team member/team leader here?

7. How valued/important do you feel as a team member?

8. How would you rate your emotional wellbeing?

Are there any measures you could put in place now to ensure positive wellbeing? Are these things you can do yourself or do you need support?

9. How are you doing with keeping in touch with home?

Is it going according to plan?

Looking forward

1. In what ways could your situation be improved in the coming year?

2. What specific targets do you think you can achieve over the coming year?

These can include your current areas of work or new areas of work which you would like to take on.

3. How is your spiritual walk (personal devotion and lifestyle)?

6. In order to best support you, what else (if anything) could be done by...
- a) ... your apostolic oversight?
 - b) ... your country team leader?
 - c) ... your sending church / home support team?
 - d) Yourself?

7. Are you thinking of returning home...

a) ... for a visit?

b) ... long-term or for the foreseeable future?

c) What might you need to consider (schools, employment, pensions, etc.)?

8. Have you reviewed the MoU and does anything need to change?

Any changes should be communicated to all partners.

Notes

For more information or questions, please email:

office@commission.global

This interactive workbook will take you through five key stages in your journey in cross-cultural mission:

- ▶ **Stage 1: Explore** - Understand more whether God is calling you to cross cultural mission.
- ▶ **Stage 2: Prepare** - Go deeper with challenging questions examining character, faith and relationships.
- ▶ **Stage 3: Go** - Think through some of the practical questions as you prepare to leave the UK.
- ▶ **Stage 4: Thrive** - Assess how things are going and focus on positive steps to move forward.
- ▶ **Stage 5: Return** - A structured reflection on your experiences as you return to the UK.



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